



INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES
I M.S. / PGDPC Examination - DECEMBER, 2006

Paper VI – Assessment and Treatment of Abnormal Behavior
Time: 3 hrs Max. Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. Explain in detail different techniques used in the assessment of abnormal behavior.
2. Explain how psychological assessment can be done by means of 'case-history' and 'observation' methods.
3. The interview method remains the most basic and powerful techniques of clinical assessment – Discuss.
4. What is Psychotherapy? Mention some of the objectives of psychotherapy.
5. Explain the key dimensions of Gestalt Therapy.
6. Differentiate between Family therapy and individual therapy. How this therapy can be used in strengthening family relationships?
7. What is Transactional Analysis? Explain the different types of transactions in TA with examples.
8. How do you employ token economy to produce behavior change in children?
9. What is Aversion Therapy? How far this method is effective in treating alcoholics?
10. Write short notes on any THREE:
 - a) Group Therapy
 - b) Difference between psychotherapy and counselling.
 - c) Electro Convulsive Therapy (ECT)
 - d) Reality Therapy
