



INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES

I M.S. / PGDPC Examination - DECEMBER, 2006

Paper IV – Techniques and Methods of Counseling

Time: 3 hrs

Max. Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. What is counseling? Explain the different types of Counseling.
2. Explain briefly the 'Egan's Model' of Counseling with examples.
3. Differentiate between individual and group counseling. What are the goals and objectives of group counseling?
4. State briefly the main elements of interpersonal communication.
5. Explain how 'genuineness' can be a therapeutic tool in the process of Counseling.
6. How do you counsel a teenager whose academic performance is poor? Give a case study.
7. State the importance of relationship in counseling?
8. What are the different types of crisis? Explain in detail some of the constructive ways of dealing with crisis.
9. What is the need for premarital counseling and explain its scope in the modern society?
10. Write short notes on any THREE:
 - a) Merits and demerits of directive counseling
 - b) Barriers to effective communication
 - c) Evaluation in counseling
 - d) Referral counseling
