



INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES
I M.S. / PGDPC Examination - DECEMBER, 2006

Paper II – Psychology of Adjustment

Time: 3 hrs

Max. Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. Define Adjustment. Briefly describe the Phenomenology of growth.
2. Critically examine the criteria of personality adjustment. What are the common modes of reaction to difficulties?
3. What is Motivation? Explain the salient features of Maslow's Growth Model.
4. Explain in detail the psychological motives with suitable examples.
5. Describe stress. What are the common problem solving approaches to psychological stress?
6. Critically examine the various types of defense mechanisms with suitable examples.
7. What is the importance of Personal Freedom? Describe briefly the decision making strategies?
8. 'Self-concept changes as a byproduct of our achievements or interaction with others' – substantiate.
9. What is Intimacy? Mention the conditions that are generally associated with interpersonal intimacy?
10. Write short notes on any THREE:
 - a) Classification of Motives
 - b) Forms of reaction of frustration
 - c) Reactions to psychological stress
 - d) Different stages of dying person
