



INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES
I M.S. / PGDPC Examination - MAY, 2006

Paper II – Psychology of Adjustment

Time: 3 hrs

Max. Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. Define Adjustment. Explain its importance in the process of living.
2. What do you understand by hierarchy of motives? Explain the model advanced by Maslow in this regard.
3. Explain the concept of Motivation. Distinguish between primary and secondary motives with examples.
4. Describe the important types of defense mechanisms and explain their value and function.
5. Explain the nature of stress? What are the different reactions to psychological stress?
6. What are troublesome emotions? Describe how you handle 'Anger' with a case study.
7. Define Intimacy. How intimate personal relationships can be developed.
8. Explain some of the steps involved in Decision-making Strategies.
9. State briefly different stages of dying person.
10. Write short notes on any THREE:
 - a) Sources of Frustration
 - b) Importance of personal freedom
 - c) Achievement motivation
 - d) Concept of repression
