



INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES

II M.S. Examination - DECEMBER, 2006

Paper IV – Behavior Therapy

Time: 3 hrs

Max. Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. What is Behavior Therapy? Examine the effectiveness of behavior therapy in the class-room situations?
2. Write some of the basic assumptions of Behavior Therapy?
3. What is token economy technique? How are they used in changing the undesirable behavioral patterns of children?
4. What are the different types of non-assertive people? How assertive training will help such individuals?
5. Briefly describe different techniques of systematic desensitization?
6. Critically examine how modeling procedures can be used in defusing phobias.
7. Write a brief note on how aversion therapy can be successfully used in the treatment of alcoholism.
8. Write short notes on any TWO:
 - a) Extinction procedures
 - b) Positive reinforcers
 - c) Operant methods
