



INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES

II M.S. Examination - MAY, 2006

Paper III – Psychological Therapies

Time: 3 hrs

Max. Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. What is Psychotherapy? What are the basic requirements to become a psychotherapist?
2. Describe the major aspects of psychoanalytic therapy and evaluate its effectiveness.
3. Explain the techniques of group therapy and its advantages and limitations?
4. Briefly explain the basic concepts of Gestalt Psychotherapy.
5. What is Rational Emotive Therapy? Explain its objectives and techniques.
6. Explain the nature, purpose and limitations of client Centered Therapy.
7. Differentiate between Family Therapy and Individual Therapy. How family therapy is used in strengthening family relationships?
8. Write short notes on any TWO
 - a. Transactional Analysis
 - b. Objectives of Psychotherapy
 - c. Marital Therapy
