



INSTITUTE FOR BEHAVIORAL AND MANAGEMENT SCIENCES

II M.S. Examination - MAY, 2006

Paper I – Principles and Techniques of Psychotherapy

Time: 3 hrs

Max. Marks: 100

Answer any FIVE questions
All questions carry equal marks

1. What are the aims and objectives of Psychotherapy?
2. Describe in brief the various types of Psychotherapy.
3. Explain some of the important techniques of Psychotherapy with examples.
4. 'Psychotherapies differ on the basis of the responsibility the therapist places on the patient' - Comment on the statement.
5. What is group psychotherapy? How it is different from client-centered psychotherapy?
6. Explain briefly the meaning and techniques of Hypnosis and Suggestion?
7. Define 'therapeutic relationship'. Mention some of the ethical issues involved in therapeutic practice.
8. Write short notes on any TWO
 - a) Difference between Psychotherapy and Counseling
 - b) Psycho-social approaches to therapy
 - c) Qualities of a good psychotherapist
